



15th ACCN Course in Clinical Nutrition



NUTRITION IS HUMAN RIGHT



March 24th – 26th, 2023

Hotel Holiday Inn, Belgrade, Serbia



Dear colleagues and friends,

On a behalf of the National Society of Parenteral and Enteral Nutrition – NUPEN Serbia, it is my great pleasure and privilege to welcome You in Belgrade, on the occasion of the 15th Basic Course of Enteral and Parenteral nutrition.

Adriatic Club of Clinical Nutrition recognized the importance and need of nutritional education to health care professionals from countries in region and for regional networking and rapid diffusion and exchange of knowledge and experience as well as its application in the field of clinical nutrition and metabolism. At that time ACCN has decided to organize Basic Course in Clinical Nutrition every year at the territory of these countries. This course is dedicated to the education of young doctors from eastern countries in clinical nutrition and metabolic care, providing them with updated information.

This meeting has been designed to enhance people's awareness of nutrition and to specifically address the subject of the nutrition with the purpose of combating the ever-expanding “food nihilism” in our hospitals. Nutrition is more than a quantitative coverage of the required units of energy and nitrogen. Nutrition has become a specific form of metabolic intervention. So, let nutrition be a living subject!

We are convinced that Your active participation will be precious for the spirit of the forthcoming meeting. I wish all participants of the course in Belgrade a successful meeting and many stimulating exchanges – both challenging and pragmatic.

Belgrade, the capital of Serbia, is expecting You with open arms. We hope that You will leave our city enriched with new knowledge and friendships.

We do hope that You will enjoy time spent in Belgrade and return to Your homes will be with lot of pleasant memories.

I wish You a pleasant and fruitful stay in Belgrade.

Sincerely,

Marina Panišić-Šekeljić

President of ACCN

Scientific Committee

Prof. dr Željko Krznarić, Prof. dr Darija Vranešić – Bender, dr sci. pharm. Dina Ljubas Kalečić, Prim. dr Marina Panišić, Doc. dr Mihailo Bezmarević, Prof. dr Kalina Satrdelova, dr sci. med. Aida Saray, Prof. dr Nada Rotovnik Kozjek, Assist. dr Milena Blaž Kovač, Prof. dr Regina Komsa-Penkova, Prof. dr Pencho Tonchev, Prof. dr Michael Chourdakis, Prof. dr Kalliopi-Anna Poulia, Prof. dr Osman Abbassoglu, Prof. dr Mehmed Uyar, dr sci. Elina Ioannou, Prof. dr Elena Philippou, Dr sci. med. Peter Tamasi

NUPENS Board / Local Organizing Committee

Prim. dr Marina Panišić-Šekeljić, Doc. dr Mihailo Bezmarević, Prof. dr Ivan Palibrk, Prof. dr Dušica Simić, Dr med. Natalija Vuković, Doc. dr Jelena Veličković, Assist. dr Marija Đukanović, Assist. dr Vladimir Milivojević, mr. Ljiljan Đaković, Assist. dr Igor Krdžić, Doc. dr Danijela Jovanović, Prof. dr Gordana Jovanović, Dr med. Mila Stošić, Doc. dr Mirjana Stojšić

Faculty

Osman Abbassoglu (Turkey)
Rocco Barazzoni (Italy)
Mihailo Bezmarević (Serbia)
Milena Blaž Kovač (Slovenia)
Michael Chourdakis (Greece)
Marija Đukanović (Serbia)
Alastair Forbes (United Kingdom)
Elina Ioannou (Cyprus)
Danijela Jovanović (Serbia)
Gintautas Kekstas (Lithuania)
Stanislaw Klek (Poland)
Regina Komsa (Bulgaria)
Igor Krdžić (Serbia)
Željko Krznarić (Croatia)
Rémy Meier (Switzerland)
Vladimir Milivojević (Serbia)
Ivan Palibrk (Serbia)
Marina Panišić Šekeljić (Serbia)
Kalliopi-Anna Poulia (Greece)
Nada Rotovnik Kozjek (Slovenia)
Aida Saray (Bosnia & Herzegovina)
Stéphane Schneider (France)
Kalina Stardelova (North Macedonia)
Mila Stošić (Serbia)
Kinga Szczepanek (Poland)
Peter Tamasi (Hungary)
Pencho Tonchev (Bulgaria)
Mehmed Uyar (Turkey)
Jelena Veličković (Serbia)
Natalija Vuković (Serbia)

SCIENTIFIC PROGRAM

March 24, 2023 | Friday

Arrival and accommodation

16:00 – 17:00 **Registration**

16:30 – 17:00 **Introduction**

Welcome to Basic Course in Clinical Nutrition

Marina Panišić-Šekeljić (ACCN)

Welcome from ESPEN

Rocco Barazzoni (ESPEN)

Welcome to Belgrade

Mihailo Bezmarević (NUPENS)

17:00 – 19:00 1st Session – Importance of Clinical Nutrition

Chair: Marina Panišić-Šekeljić, Rocco Barazzoni, Stéphane Schneider, Rémy Meier

17:00 – 17:20

Fight against malnutrition

– Vienna Declaration and Implementation strategy -

Rocco Barazzoni (Italy)

17:20 – 17:40

History Highlights of Nutrition

Marina Panišić-Šekeljić (Serbia)

17:40 – 18:00

Diagnosis of Malnutrition in the time of GLIM

Rémy Meier (Switzerland)

18:00 – 18:20

Is There a Gold Standard for Nutritional Risk Assessment?

Kalliopi-Anna Poulia (Greece)

18:20 – 18:40

Nutrition and Physical Activity

Nada Rotovnik Kozjek (Slovenia)

18:40 – 19.10

Discussion

20:00 – 23.00

Dinner for participants (Hotel restaurant)

Faculty dinner from 20:00

March 25, 2023 | Saturday

08:30 - 10:20 2nd Session – Basics in Clinical Nutrition

Chair: Regina Komsa, Natalija Vuković, Marija Đukanović

08:30 - 08:50

Indications, Contraindications and Monitoring of Enteral Nutrition

Aida Saray (Bosnia & Herzegovina)

08:50 - 09:10

Complications of Enteral Nutrition

Kalina Stardelova (N. Macedonia)

09:10 – 09:30

Basics in Parenteral Nutrition

Osman Abbassoglu (Turkey)

09:30 - 09:50

Venous Access and Complications of Parenteral Nutrition

Ivan Palibrk (Serbia)

09:50 - 10.30

Discussion

10:30 – 11:00

Clinical Case 1&2 Aida Saray, Natalija Vuković, Mehmed Uyar, Marija Đukanović, Danijela Jovanović

11:00-11:30

Coffee break

11:30 – 14:00 3rd Session – Nutrition and Various Clinical Conditions

Chair: Stéphane Schneider, Alastair Forbes, Vladimir Milivojević, Mihailo Bezmarević

11:30 - 11:50

Feeding Microbiome

Stéphane Schneider (France)

11:50 - 12:10

Nutrition in Acute Pancreatitis

Rémy Meier (Switzerland)

12.10 - 12:30

Nutrition Support in IBD

Alastair Forbes (UK)

12:30 - 12:50

Nutritional Approach to Abdominal Catastrophes

Stanislaw Klek (Poland)

12:50 - 13:10

Nutrition in Cancer

Alessandro Laviano (Italy)

13:10 – 13:30

Nutrition in Sarcopenia

Jelena Veličković (Serbia)

13:30 – 14:00

Discussion

14.00 - 15:00

Lunch

15:00 - 17:00 4th Session – Nutrition and Population Health

Chair: Osman Abbassoglu, Peter Tamasi, Ivan Palibrk, Mila Stošić

15:00 - 15:20

Importance to Organize a Nutrition Support Team

Elina Ioannou (Cyprus)

15:20 - 15:40

Obesity paradox

Michael Chourdakis (Greece)

15:40 - 16:00

Clinical Nutrition in Primary Care

Milena Blaž Kovač (Slovenia)

16:00 - 16:20

Nutrition in frailty and older adult

Kinga Szczepanek (Poland)

16:20 – 16:50

Discussion

16:50 - 17:30

Coffe break

17:30 - 18:50 5th Session – Nutrition in Critical Illness and Perioperative Period

Chair: Gintautas Kekstas, Kalliopi-Anna Poulia, Danijela Jovanović, Igor Krdžić

17:30-17:50

Nutrition Support in the Critically Ill

Mehmed Uyar (Turkey)

17:50-18:10

Refeeding Syndrome

Pencho Tonchev (Bulgaria)

18:10-18:30

Perioperative Nutrition and ERAS program

Mihailo Bezmarević (Serbia)

18:30-18:50

Discussion

20:30 – 01:30

Gala Dinner ("Mokum" Restaurant)

March 26, 2023 | Sunday

09:00 - 12:00 6th Session – Chronic Intestinal Failure (CIF) and Home Parenteral Nutrition (HPN)

Chair: Marina Panišić-Šekeljić, Michael Chourdakis, Mihailo Bezmarević, Stanislav Klek

09:00 - 09:30

Nutrition in Short Bowel Syndrome

Alastair Forbes (UK)

09:30 - 10:00

Nutritional Support Outside the Hospital

Stanislav Klek (Poland)

10:30 - 11:00

CIF and HPN in Adults – Medical Treatment

Stéphane Schneider (France)

11:00 - 11.15

HPN in Hungary

Peter Tamasi (Hungary)

11:15 - 11:30

HPN in Baltic Region

Gintautas Kekstas (Lithuania)

11:00 - 11:30

Discussion

11:30 – 12:00

LLL Global Nutritional Education Programs

Regina Komsa (Bulgaria)

12:00 - 13:00

Test/evaluation and concluding remarks

14:00-15:00

Lunch and Departure

March 26, 2023 | Sunday

15:00 – 20:00 Life Long Learning Programme - Topic 8 Approach to Oral and Enteral Nutrition in Adults

Course director: Marina Panišić Šekeljić

LLL teachers: Mihailo Bezmarević, Natalija Vuković, Marina Panišić Šekeljić

15:00 – 15:30 Registration

15:30 – 15:45 Introduction – Marina Panišić-Šekeljić

15:45 – 16:15 Indications, Contraindications, Complications and Monitoring of EN – Mihailo Bezmarević

16:15 – 16:45 Hospital Diet and Oral Nutritional Supplements (Sip Feeds) – Natalija Vuković

16:45 – 17:15 Techniques of Enteral Nutrition – Marina Panišić-Šekeljić

17:15 – 17:45 Formulae for Enteral Nutrition – Mihailo Bezmarević

17:45 – 18:15 Coffe break

18:15 – 18:30 Clinical case 1: presentation and discussion – Marina Panišić-Šekeljić, Natalija Vuković

18:30 – 18:45 Clinical case 2: presentation and discussion – Natalija Vuković, Mihailo Bezmarević

18:45 – 19:15 Test

19:15 – 19:30 Test results

19:30 – 20:00 Course evaluation and awarding of diplomas

Note: LLL course will be conduct in Serbian language with maximum number of 50 participants

General Information

Accommodation: 4 stars hotel – Holiday Inn****, Belgrade

(https://www.ihg.com/holidayinn/hotels/gb/en/belgrade/begbg/hoteldetail?cm_mmc=GoogleMaps--HI--RS--BEGBG)

All rooms are air conditioned and equipped with direct phone line, satellite TV, mini bar, radio, safe deposit box, and internet connection 24 hours a day, hair dryer... Smoking and non smoking rooms are available upon request. All extra charges (telephone, minibar etc.) will be charged to your personal account.

Meals: *Breakfast* buffet will be served in hotel restaurant for all participants every morning from 6:00 to 8:00.

Lunch will be served in the restaurant everyday according to program.

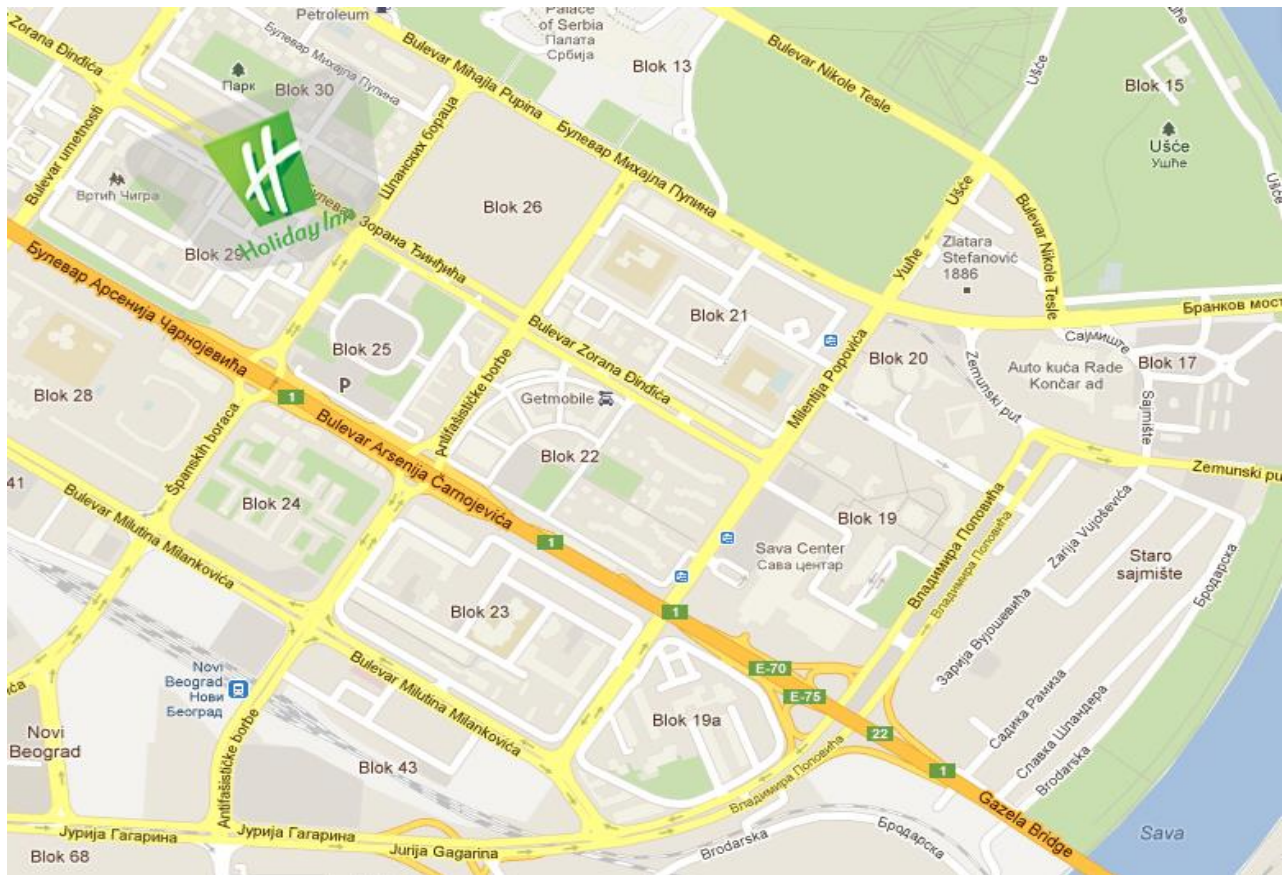
Dinner will be served in the hotel restaurant on Friday 24th March, from 19:30.

On Saturday 25th March, dinner will be organized outside the hotel (dress code – casual); the bus will be in the hotel parking at 20:00h and return from restaurant to hotel will be organized

Badges: all participants are asked to wear their name badges throughout the course, including all events.

Badge colors:

- Red – Faculty
- Blue – Participants
- Yellow– Organizers



Address: Spanskih Boraca 74, Belgrade, 11070 Serbia